1+ cos(x^2 + 1)=sin^2 (x^2 + 1)

1+ cos(x^2 + 1)=1 - cos^2 (x^2 + 1)

cos^2 (x^2 + 1)+cos(x^2 + 1)=0

cos(x^2 + 1)=0

x^2+1=P/2+Pk

x=+-V(P/2-1+Pk), k>=0 и kЭZ

cos(x^2 + 1)=-1

x^2+1=P+2Pk

x=+-V(P-1+2Pk), , k>=0 и kЭZ